

AUTUMN WILDLIFE IN SPEYSIDE



"Autumn in the Highlands is a special time. The glens are resounding to the roaring of stags, while Golden Eagles soar above. Mountain Hares may be starting to turn white and Ptarmigan are beginning to group together. Stunning."
Craig Round

Dates Sat 6 - Sat 13 Oct 2018
Sat 13 - Sat 20 Oct 2018

Price £1,125

Deposit £200 Single Supp £100

Leaders Craig Round and Louise Hughes

Weather The weather can vary enormously. Snow can occur in the mountains at any season with sunny warm weather also possible. During a typical week in autumn we would expect to experience mixed sun and showers with temperatures in the range 8-18°C. You may want to bring sunscreen

Walking Most walks are 1-2 miles on wide sandy tracks, although there is the possibility of a forest walk of up to 4 miles

We take groups on to the Cairngorms plateau from the funicular railway summit to see Ptarmigan, therefore may be necessary to take a walk on paths over uneven and occasionally undulating rocky terrain. Low-level unguided alternatives are available. Walking boots will be needed on the holiday

Meals All included from dinner on Day 1 to breakfast on Day 8

Insects Biting midges are rare at this time of year

Accom Double, twin and single ensuite rooms, the last single room will be in a self-contained flat 50 metres from the main building at Ballintean Mountain Lodge in Glenfeshie

Group 12

Just some of what we hope to see:

Golden Eagle	Common Scoter
White-tailed Eagle	Velvet Scoter
Ptarmigan	Rock Dove
Black Grouse	Crested Tit
Capercaillie	Scottish Crossbill
Pink-footed Goose	Snow Bunting
Long-tailed Duck	Red Squirrel
Scaup	Pine Marten

The season of golden colours, roaring stags, hunting eagles, seaduck and rarities - this is a wonderful time to be in glorious Speyside, within the Cairngorms National Park.

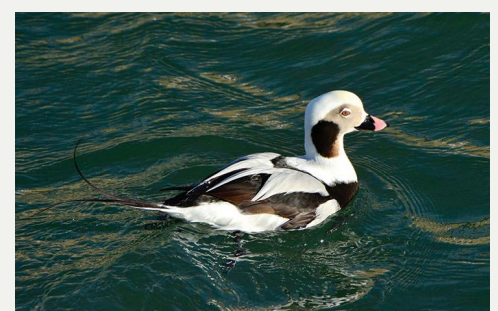
- Capercaillie, Black Grouse and Speyside specialities
- Includes a West Coast 'White-tailed Eagle' trip
- Seaduck, geese and thrushes arriving from the north
- Regular rare skuas, ducks and white-winged gulls
- Young Golden Eagles above roaring Red Deer stags
- Ptarmigan parties in the Cairngorms
- An evening for Pine Marten, Badger and more

Dinner together on Saturday evening followed by coffee and a run through the coming week starts the holiday.

2-7 As colder weather grips northern Scandinavia, thousands of birds stream south to warmer waters, many spending the winter off our shores. Like grains from a pepperpot, seaduck, grebes and divers are scattered across the sea like nowhere else in Britain. Rafts of Common and Velvet Scoter can be found in Findhorn Bay and we'll search through them for rare Surf Scoter which are annual here - lost birds from North America. Long-tailed Duck are in beautiful winter plumage and we'll check through flocks of Eider just in case a rare King Eider is amongst them. There will be Slavonian Grebe, Red-throated and Black-throated Divers, Scaup and the chance of passing Great and Arctic Skuas - even Red-necked Grebe is possible.

Purple Sandpiper, Ringed Plover and Turnstone pick around sea-weedy rocks and we'll visit estuaries alive with waders. Knot, Dunlin, Oystercatcher and Bar-tailed Godwit, which may hide something more unusual and we'll find big flocks of Wigeon plus Teal and Pintail. Skeins of Pink-footed and Greylag Geese are constantly on the move and may be arriving in their thousands. If winds come from the north we'll check through the flocks of gulls, as there is always the chance of stray Glaucous or Iceland Gulls. Red Kite drift over farmland on the Black Isle and we'll visit a spot where Bottlenose Dolphins frequently come surprisingly close to the shore and hope for some acrobatics as they chase salmon coming in on the rising tide!

At Insh Marshes, Icelandic Whooper Swans quietly feed and Goosander and Goldeneye dive in small pools, where furtive Teal skulk in the margins. Towards dusk, Hen Harriers fly buoyantly



"Migration is in full swing at this time of year, bringing thousands of ducks, geese and waders to winter around the Moray Firth and we get into the thick of it. What else may be among the flocks? Iceland Gull, King Eider, American Wigeon. Let's get looking!" Craig Round



in from the moors to roost in the long grasses here, sometimes Merlin too. Golden Eagle and Peregrine hunt the higher glens and we'll search for Mountain Hares - now moulting into their winter coat and starting to go white in patches. A real highlight can be watching the Red Deer. This is the time when they are rutting and the roar of rutting stags echoes across the valley. Occasionally we see a real confrontation, as stags meet head to head, or we may see males that have adorned their antlers with grass and heather!

Open moorland holds parties of Red Grouse and, weather permitting, we'll explore the Cairngorms for cryptically camouflaged Ptarmigan - so much easier now with the funicular railway to help us get to higher ground!

In the ancient pines of Abemethy Forest, Crested Tit and Scottish Crossbill are found and flocks of Siskin, Goldcrest, Coal Tit and Treecreeper weave through trees that flank the mountains. There is always the chance of Common and Parrot Crossbill too and we'll keep alert for elusive Capercaillie and Black Grouse - though neither species are easy at this time of year. Golden Eagle are possible and there is now a resident pair of White-tailed Eagles here, so keep your fingers crossed!

Flocks of winter thrushes, Redwing and Fieldfare, or even scarce Waxwing may appear on berry bushes. One night we'll visit our comfortable baited hide for the chance of close up views of delightful Pine Martens and Badgers!

We shall also venture to the remote west coast through the dramatic peaks and sea lochs of wildest Wester Ross. The scenery gets more and more spectacular as you head west and the coastal beaches around Laide and Mellon Udrigle are beautiful too, with stunning mountain views towards Sutherland.

Wild Rock Dove may be found here along with Raven, Twite, Stonechat and Golden Eagle, but it's imposing White-tailed Eagle that may steal the show. We'll search for Red-throated and Great Northern Divers amongst more numerous Black-throated Divers that winter here, along with Black Guillemots, Eider and Shags.

Common Seals may be hauled out on the rocks and we'll scan the water and rocky shore for Otters. These wonderful animals are more linked to tide than time of day here, allowing the chance of animals out in daylight. We have enjoyed some wonderful views of them here - especially when they catch something they need to bring to shore to deal with!

8 After breakfast on Saturday we say our farewells.



Outline Itinerary

- Day 1 Arrive in Glen Feshie in time for an evening meal and a chat about our plans for the coming week. 7 nights at the Steading
- Days 2-7 Wildlife and birdwatching exploration including Abernethy Forest, Dava Moor, the Cairngorms, the Moray Firth and West Coast
- Day 8 After breakfast we say our farewells and depart

Craig Round: Red Grouse, Ptarmigan
Roy Atkins: Loch Garten
Mark Denman: Long-tailed Duck, Snow Bunting
Jane Hope: Whooper Swan
Yves Gisseleire: White-tailed Eagle

